

PEER ALLIANCE RECOVERY CENTER (PARC) BRONX

MAY 2025 Calendar of Activities

BRONX – 510 Courtlandt Ave, 2nd Floor / Bronx NY 10451 (929)-244-1500 / parcbronx@samaritanvillage.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Computer Lab is Open Daily 10:00am to 5:00pm Monday thru Friday For more Information on TRAININGS, Contact us at (929) 244-1500 or parcbronx@samaritanvillage.org</p>			<p>1 10:30am to 11:00am "Daily Inspiration" 1:30 to 2:30 "Drawing and Journaling" w/ Veronica 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>2 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Let's Heal" Stretching w/Mayra 2:30pm to 4:00pm NA Meeting 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>3 PARC CLOSED 10:30am to 12:00pm Staying Connected Mtg. Zoom ID: 567 484 6336</p>
<p>5 10:30am to 11:00am "Daily Inspiration" 1:00pm to 2:00pm "Men's Workshop" w/ Byron 3:00pm to 4:00pm "Brains in Action – Charades en Espanol" w/Mayra 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>6 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Nutritional Workshop" w/ Jamel 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>7 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm Exploring Social Anxiety w/ Chuck 4:30pm to 5:00pm "Daily Wrap Up" 7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336</p>	<p>8 10:30am to 11:00am "Daily Inspiration" 1:00pm to 3:00pm "Mother's Day Celebration" RSVP Required 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>9 10:30am to 11:00am "Daily Inspiration" 12:00pm to 1:00pm "A Vetter way to Recovery" w/ Jamel 2:30pm to 4:00pm NA Meeting 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>10 10:00am to 2:00pm "Movie Matinee" A Working Man Jason Statham w/ Mayra & Ray</p>
<p>12 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Arts and Crafts" w/ Veronica 2:30pm to 3:30pm "Game Day" w/Raymond 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>13 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Nutritional Workshop" w/ Jamel 1:00pm to 2:00pm PARC Vision Team Meeting 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>14 10:30am to 11:30am "Daily Inspiration" 4:30pm to 5:00pm "Daily Wrap Up" 7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336</p>	<p>15 10:30am to 11:00am "Daily Inspiration" 1:00pm to 2:00pm "Relationships in Recovery" w/ Jesus 3:00pm to 4:30pm "Recovery Club – Billiards" w/ Scott 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>16 10:30am to 11:00am "Daily Inspiration" 1:00pm to 2:00pm Introduction to PARC Services w/ PARC Interns 2:30pm to 4:00pm NA Meeting</p>	<p>17 PARC CLOSED 10:30am to 12:00pm Staying Connected Mtg. Zoom ID: 567 484 6336</p>
<p>19 10:30am to 11:00am "Daily Inspiration" 1:00pm to 2:00pm "Self-Talk" w/ Byron 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>20 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Nutritional Workshop" w/ Jamel 12:00pm to 1:00pm "Etiquette in Recovery" w/Joe 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>21 10:30am to 11:00am "Daily Inspiration" 1:30pm to 2:30pm "Crochet Therapy" w/ Veronica 4:30pm to 5:00pm "Daily Wrap Up" 7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336</p>	<p>22 10:30am to 11:00am "Daily Inspiration" 12:00pm to 1:00pm "Arts & Crafts" w/ Veronica 3:00pm to 4:30pm "Recovery Club" 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>23 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Auction Games" w/Mayra 2:30pm to 4:00pm NA Meeting 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>24 PARC CLOSED</p>
 <p>26 PARC CLOSED</p>	<p>27 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Nutritional Workshop" w/ Jamel 12:00pm to 1:00pm "Yoga Breath for Anxiety" w/ Veronica 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>28 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm Financial Literacy w/ Chuck 11:30am to 12:30pm "Recovery Club Family Feud" w/ Scott 4:30pm to 5:00pm "Daily Wrap Up" 7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336</p>	<p>29 10:30am to 11:00am "Daily Inspiration" 12:00pm to 1:00pm "Solutions in Recovery" w/ Jesus 2:00pm to 3:00pm "Men's Workshop" w/ Byron 3:00pm to 4:30pm "Recovery Club" 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>30 10:30am to 11:00am "Daily Inspiration" 12:00pm to 2:00pm "Game Day" w/ Ray 2:30pm to 4:00pm NA Meeting 4:30pm to 5:00pm "Daily Wrap Up"</p>	<p>31 PARC CLOSED 10:30am to 12:00pm Staying Connected Mtg. Zoom ID: 567 484 6336</p>