

# PEER ALLIANCE RECOVERY CENTER (PARC) BRONX

## JULY 2025 Calendar of Activities

BRONX – 510 Courtlandt Ave, 2nd Floor / Bronx NY 10451 (929)-244-1500 / [parcbronx@samaritanvillage.org](mailto:parcbronx@samaritanvillage.org)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>11:30am to 12:30pm</b> <i>"Nutritional Workshop"</i> w/ Jamel <b>1:30pm to 2:30pm</b> <i>"Responsibility Through Recovery"</i> w/ Jesus <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>11:30am to 12:30pm</b> <i>"Exploring Social Anxiety"</i> w/ Chuck <b>2:00pm to 3:00pm</b> <i>"Men's Workshop"</i> w/ Byron <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>1:30pm to 2:30pm</b> <i>"Drawing and Journaling"</i> w/ Veronica <b>2:30pm to 3:30pm</b> <i>"Recovery Club"</i> <b>PARC CLOSSES at 4:00pm</b>	 <b>PARC CLOSED</b>	<b>PARC CLOSED</b>
<b>10:30am to 11:00am</b> <b>"Musical Daily Inspiration"</b> w/ Dorian <b>1:00pm to 2:00pm</b> <i>"Men's Workshop"</i> w/ Byron <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>11:30am to 12:30pm</b> <i>"Nutritional Workshop"</i> w/ Jamel <b>1:00pm to 2:00pm</b> <b>PARC Vision Team Meeting</b> 4:30pm to 5:00pm <i>"Daily Wrap Up"</i>	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>12:00pm to 1:00pm</b> <b>"Yoga Breathing w/ Veronica"</b> <b>4:30pm to 5:00pm</b> <b>"Daily Wrap Up"</b> <b>7:00pm to 8:00pm</b> <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>1:00pm to 2:00pm</b> <i>"Summer in Recovery"</i> w/ PARC Interns <b>2:30pm to 3:30pm</b> <i>"Daily Wrap Up"</i>	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>12:00pm to 1:00pm</b> <i>"A Vetter way to Recovery"</i> w/ Jamel <b>2:30pm to 4:00pm</b> NA Meeting <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>PARC CLOSED</b>  <b>10:30am to 12:00pm</b> <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336
<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>11:30am to 12:30pm</b> <i>"Nutritional Workshop"</i> w/ Jamel <b>2:30pm to 3:30pm</b> <i>"Game Day"</i> w/ Interns <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>10:30am to 11:00am</b> <b>"Musical Daily Inspiration"</b> w/ Dorian <b>11:30am to 12:30pm</b> <i>"Cooking Demo"</i> w/ Jamel <b>12:30pm to 1:30pm</b> <i>"Faith in Recovery w/ Mujahid"</i> 4:30pm to 5:00pm <i>"Daily Wrap Up"</i>	<b>10:30am to 11:30am</b> <b>"Daily Inspiration"</b> <b>1:00pm to 2:00pm</b> <i>"Relationships in Recovery"</i> w/ Jesus <b>4:30pm to 5:00pm</b> <b>"Daily Wrap Up"</b> <b>7:00pm to 8:00pm</b> <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>11:30am to 12:30pm</b> <b>"Yoga Chair Exercises"</b> w/ Mayra <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>1:00pm to 2:00pm</b> <i>"Building Recovery Capital"</i> w/ PARC Interns <b>2:30pm to 4:00pm</b> NA Meeting <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>Movie Matinee</b> <b>10:30am to 1:30pm</b> <b>"Rush"</b> w/ Scott & Juan
<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>11:30am to 12:30pm</b> <i>"Nutritional Workshop"</i> w/ Jamel <b>1:00pm to 2:00pm</b> <i>"Self-Talk"</i> w/ Byron <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>PARC CLOSED</b>  <b>Staff Outing</b>	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>1:30pm to 2:30pm</b> <b>"Crochet Therapy"</b> w/ Veronica <b>4:30pm to 5:00pm</b> <b>"Daily Wrap Up"</b> <b>7:00pm to 8:00pm</b> <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>12:00pm to 1:00pm</b> <b>"Arts &amp; Crafts"</b> w/ Veronica <b>3:00pm to 4:30pm</b> <i>"Recovery Club Family Feud"</i> w/ Scott <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>11:30am to 12:30pm</b> <i>"Auction Games"</i> w/ Mayra <b>1:00pm to 2:00pm</b> <i>"Recovery Through Music"</i> w/ Dorian <b>2:30pm to 4:00pm</b> NA Meeting <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>PARC CLOSED</b>  <b>10:30am to 12:00pm</b> <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336
<b>10:30am to 11:00am</b> <b>"Musical Daily Inspiration"</b> w/ Dorian <b>11:30am to 12:30pm</b> <i>"Nutritional Workshop"</i> w/ Jamel <b>1:00pm to 2:00pm</b> <i>"Etiquette in Recovery"</i> w/ Joseph <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>11:30am to 12:30pm</b> <i>"Cooking Demo w/ Jamel"</i> <b>1:30pm to 2:30pm</b> <b>"Crochet Therapy"</b> w/ Veronica <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>11:30am to 12:30pm</b> <b>Financial Literacy w/ Chuck</b> <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>10:30am to 11:00am</b> <b>"Daily Inspiration"</b> <b>11:30am to 12:30pm</b> <i>"Summer in Recovery"</i> w/ Scott <b>4:30pm to 5:00pm</b> <i>"Daily Wrap Up"</i>	<b>Computer Lab is Open Daily</b> <b>10:00am to 5:00pm</b> <b>Monday thru Friday</b> <b>For more Information on TRAININGS</b> <b>Contact us at</b> <a href="mailto:parctrainings@samaritanvillage.org">parctrainings@samaritanvillage.org</a>	