

PEER ALLIANCE RECOVERY CENTER (PARC) BRONX

January 2024 Calendar of Activities

BRONX – 510 Courtlandt Ave, 2nd Floor / Bronx NY 10451 (929)-244-1500 / parcbronx@samaritanvillage.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 CLOSED 	2	3 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> <i>Zoom ID: 567 484 6336</i>	4	5 11:30am to 2:30pm <i>What Will I Do Different</i> <i>This Year w/ Annette</i> 2:30pm to 4:00pm <i>NA Meeting</i> 3:00pm to 5:00pm <i>Recovery Club</i>	6 CLOSED
8 9:30am to 4:30pm <i>Recovery Coach Training</i> 12:00pm to 1:30pm <i>QPR Suicide Prevention</i> <i>Training</i> 1:00pm to 2:00pm <i>Self-talk w/Byron</i>	9 9:30am to 4:30pm <i>Recovery Coach Training</i> 11:30am to 12:30pm <i>Mind, Body & Soul</i> <i>w/Mayra</i> 1:00pm to 2:00pm <i>PARC Vision Team Mtg.</i>	10 9:30am to 4:30pm <i>Recovery Coach Training</i> 11:30am to 12:30pm <i>Goal Setting Workshop</i> <i>w/Jesus</i> 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> <i>Zoom ID: 567 484 6336</i>	11 9:30am to 4:30pm <i>Recovery Coach Training</i>	12 9:30am to 4:30pm <i>Recovery Coach Training</i> 12:00pm to 1:30pm <i>Virtual Narcan Training</i> 2:30pm to 4:00pm <i>NA Meeting</i> 3:00pm to 5:00pm <i>Recovery Club</i>	13 10:30am to 1:30pm <i>Movie Matinee –</i> <i>“Mission Impossible</i> <i>6” w/ Tom & Byron</i>
15 CLOSED 	16 9:30am to 4:00pm <i>Peer Ethics Training</i> 11:30am to 12:30pm <i>Live, Love, Laugh</i> <i>w/Cornelius</i>	17 9:30am to 4:00pm <i>Peer Ethics Training</i> 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> <i>Zoom ID: 567 484 6336</i>	18 9:30am to 4:00pm <i>Peer Ethics Training</i> 11:30am to 12:30pm <i>Weekend Plans – Prepare,</i> <i>not Repair w/Cornelius</i>	19 2:30pm to 4:00pm <i>NA Meeting</i> 3:00pm to 5:00pm <i>Recovery Club – Meditation</i> <i>& Mindful Practices</i>	20 CLOSED
22 11:30am to 12:30pm <i>Participant Orientation</i> <i>& Discussion</i> 1:00pm to 2:00pm <i>Self-talk w/Byron</i>	23 11:30am to 12:30pm <i>Women’s Workshop</i> <i>“Health and Wellness”</i> <i>w/ Kate</i>	24 11:30am to 12:30pm <i>Morning Stretch w/Mayra</i> 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> <i>Zoom ID: 567 484 6336</i>	25 9:30am to 5:30pm <i>Peer Professional</i> <i>Supervision Training</i>	26 9:30am to 5:30pm <i>Peer Professional</i> <i>Supervision Training</i> 12:00pm to 1:30pm <i>Virtual Narcan Training</i> 2:30pm to 4:00pm <i>NA Meeting</i> 3:00pm to 5:00pm <i>Recovery Club – Art</i> <i>Therapy w/Byron</i>	27 CLOSED
29	30 9:30am to 4:30pm <i>Wellness Training</i> 3:00pm to 4:00pm <i>Men’s</i> <i>Workshop “From Boyz to</i> <i>Responsible Men w/Byron</i>	31 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> <i>Zoom ID: 567 484 6336</i>	Computer Lab is open daily from 10a to 5p For more information on TRAININGS, contact us at (929) 244-1500 or parcbronx@samaritanvillage.org		