



**Samaritan  
Daytop  
Village**  
WHERE GOOD LIVES

## WOODSIDE SENIOR CENTER

### Monthly Activities for September 2025

50-37 Newtown Road • Woodside, NY 11377 • (718) 932-6916

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Labor Day Holiday</b>	9:30am-2:30pm <b>Painting w/ Roberta</b> 11:00am-12:00pm <b>Yoga w/ Marilyn</b> 1:00pm-3:00pm <b>Sewing Class w/ Ruth</b>	10:00am-11:30am <b>Crochet w/Mary Dubois</b> 1:00pm-3:00pm <b>Social Dancing</b>	11:00am-12:00pm <b>Zumba w/ Lillian</b> 1:00pm-3:00pm <b>Movie Night – Superman</b>	11am-3pm <b>WOODSIDE OLDER ADULT 5<sup>th</sup> Annual BBQ</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
10:00am-11:00am <b>Technology Clinic w/Loulise</b> 11:00am-12:00am <b>Yoga w/Marilyn</b> 1:00pm-3:00pm <b>Arts &amp; Crafts</b>  <b>Farmers Market Trip</b>	9:30am-2:30pm <b>Painting w/ Roberta</b> 11:00am-12:00pm <b>Yoga w/ Marilyn</b> 1:00pm-3:00pm <b>Sewing Class w/ Ruth</b>	10:00am-11:30am <b>Crochet w/Mary Dubois</b> 1:00pm-3:00pm <b>Social Dancing</b>	11:00am-12:00pm <b>Zumba w/ Lillian</b> 2:00pm-3:30pm <b>Karaoke</b>	9:00am <b>Walmart</b> 9:30am-12:30pm <b>Crochet w/Mary Dubois</b> 11:00am-12:00am <b>Exercise w/ Lillian</b> 1:00pm-3:00pm <b>Game Day</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
10:00am-11:00am <b>Technology Clinic w/Loulise</b> 11:00am-12:00pm <b>Yoga w/Marilyn</b> 1:00pm-3:00pm <b>Mahjong</b> .....	9:30am-2:30pm <b>Painting w/Roberta</b> 11:00am-12:00am <b>Yoga w/Marilyn</b> 1:00pm-3:00pm <b>Sewing Class w/Ruth</b>  <b>Coney Island Trip</b>	9:30am-12:30pm <b>Crochet w/Mary Dubois</b> 1:00pm-3:00pm <b>Board Games</b>	11:00am-12:00am <b>Zumba w/ Lillian</b> 2:00pm-3:30pm <b>Karaoke</b>	9:30am-12:30pm <b>Crochet w/Mary Dubois</b> 11:00am-12:00pm <b>Exercise w/ Lillian</b> 1:00pm-3:00pm <b>Big Game Day</b>



# WOODSIDE SENIOR CENTER

## Monthly Activities for September 2025

50-37 Newtown Road • Woodside, NY 11377 • (718) 932-6916

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;"><b>22</b></p> <p>10:00am-11:00am <b>Technology Clinic w/Louise</b> 11:00am-12:00pm <b>Yoga w/Marilyn</b> 1:00pm-3:00pm <b>Bingo</b></p>	<p style="text-align: right;"><b>23</b></p> <p>9:30am-2:30pm <b>Painting w/ Roberta</b> 11:00am-12:00pm <b>Yoga w/ Marilyn</b> 1:00pm-3:00pm <b>Sewing Class w/ Ruth</b></p>	<p style="text-align: right;"><b>24</b></p> <p>9:30am-12:30pm <b>Crochet w/Mary Dubois</b> 1:00pm-3:00pm <b>Social Dancing</b></p>	<p style="text-align: right;"><b>25</b></p> <p>11:00am-12:00pm <b>Zumba w/ Lillian</b> 2:00pm-3:30pm <b>Rummikub</b>  <b><u>Talent is Timeless</u></b></p>	<p style="text-align: right;"><b>26</b></p> <p>9:30am-12:30pm <b>Crochet w/Mary Dubois</b> 11:00am-12:00pm <b>Exercise w/ Lillian</b> 1:00pm-3:00pm <b>Arts &amp; Crafts</b> <b>Birthday Celebration</b></p>
<p style="text-align: right;"><b>29</b></p> <p>10:00am-11:00am <b>Technology Clinic w/Louise</b> 10:30am-11am <b>Nutritional Workshop</b> 11:00am-12:00pm <b>Yoga w/ Marilyn</b> 1:00pm-3:00pm <b>Mahjong</b></p>	<p style="text-align: right;"><b>30</b></p> <p>9am <b><u>Museum of Natural History</u></b> 9:30am-2:30pm <b>Painting w/ Roberta</b> 11:00am-12:00pm <b>Yoga w/Marilyn</b> 1:00pm-3:00pm <b>Sewing Class w/Ruth</b></p>			

SUBJECT TO CHANGE

BREAKFAST HOURS: 8:30AM – 9:30AM/LUNCH HOURS: 11:30AM – 12:30PM

*Funded by NYC Department for the Aging*

**COMPUTERS ARE OPEN MONDAY- FRIDAY FROM 10:00AM TO 3PM**

**THE GYM IS OPEN MONDAY – FRIDAY 8AM TO 3PM**