PEER ALLIANCE RECOVERY CENTER (PARC) BRONX December 2025 Calendar of Activities

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			n to 5:00pm Monday thru F	riday	•
	1	1 2	tus at parctrainings@sama	2	
1	2	3	4	5	
10:30am to 11:00am "Daily Inspiration"	10:30am to 11:00am "Daily Inspiration"	10:30am to 11:00am "Daily Inspiration"	10:30am to 11:00am "Daily Inspiration" 11:00pm to 12:00pm	10:30am to 11:00am "Daily Inspiration" 11:00pm to 12:00pm	·
11:30am to 12:30pm "Nutrition Workshop" w/ Jamel	11:30am to 12:30pm "Cooking Demo" w/ Jamel	11:30am to 12:30pm 'Exploring Social Anxiety'' w/ Chuck	"Meditation w/ Tara 1:00pm to 2:00pm "Building Recovery Capital"	"Art in Recovery" w/ Hank 1:30pm to 2:30pm	PARC CLOSED
1:00pm to 2:00pm "Men's Workshop" w/ Calvin	1:00pm to 2:00pm "Crafternoon Workshop" w/ Veronica"	7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336	w/PARC Interns 3:00pm to 5:00pm "Recovery Club Fun Games & Socialization"	"Crochet Therapy" w/ Veronica 2:30pm to 4:00pm NA Meeting	
8 10:30am to 11:00am "Daily Inspiration"	9 10:30am to 11:00am "Daily Inspiration"	10:30am to 11:30am "Daily Inspiration"	10:30am to 11:00am "Daily Inspiration"	10:30am to 11:00am "Daily Inspiration"	13
11:30am to 12:30pm "Nutrition Workshop" w/ Jamel	11:30am to 12:30pm "Cooking Demo" w/ Jamel	2:00pm to 3:00pm "Women's Workshop" w/ PARC Women	11:00am to 12:00pm "Holiday Gambling Awareness" a conversation w/ Venus Moore	11:00pm to 12:00pm "Navidad en Sobriedad" con Mayra	PARC CLOSED
2:30pm to 3:30pm "Game Day" w/ Interns	1:00pm to 2:00pm PARC Vision Team Meeting	7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336	1:30pm to 2:30pm "Pathways to Progress" Skill Building w/ Anthony & Lisette	2:30pm to 4:00pm NA Meeting	
15 10:30am to 11:00am "Daily Inspiration"	10:30am to 11:00am "Daily Inspiration"	10:30am to 11:00am "Daily Inspiration"	10:30am to 11:00am "Daily Inspiration"	19 10:30am to 11:00am "Daily Inspiration"	10:00am to 1:30pm "Movie Matinee" "RED ONE"
11:30am to 12:30pm "Nutrition Workshop"	11:30am to 12:30pm "Cooking Demo" w/ Jamel	12:00pm to 3:00pm HCBS CORE Mixer	11:00am to 12:00pm "Arts & Craft" w/ Veronica	11:00pm to 12:00pm "Art in Recovery" w/ Hank	w/ Veronica & Byron 10:30am to 12:00pm
w/ Jamel	1:00pm to 2:00pm "Etiquette in Recovery" w/Byron	RSVP ONLY – Sign up w/ Staff 7:00pm to 8:00pm Staying Connected Mtg.	3:00pm to 5:00pm "Recovery Club Fun games & socialize"	2:30pm to 4:00pm NA Meeting	Staying Connected Mtg. Zoom ID: 567 484 6336
22	22	Zoom ID: 567 484 6336		26	25
10:30am to 11:00am "Daily Inspiration"	10:30am to 11:00am "Daily Inspiration"	10:30am to 11:00am "Daily Inspiration"	PARC CLOSED 25	10:30am to 11:00am "Daily Inspiration"	27
11:30am to 12:30pm "Nutritional Workshop" w/ Jamel	11:30am to 12:30pm "Cooking Demo" w/ Jamel	11:00am to 12:00pm "Financial Literacy" w/ Chuck	called and	11:00pm to 12:00pm "Navidad en Sobriedad" con Mayra	PARC CLOSED
2:30pm to 3:30pm "Game Day" w/ Interns	1:00pm to 3:00pm "UGLY SWEATER CONTEST"	12:00pm to 4:00pm "Helping Neighbors Stay Warm" Coat Giveaway	Peace on Searth 5	2:30pm to 4:00pm NA Meeting	
10:30am to 11:00am "Daily Inspiration"	10:30am to 11:00am "Daily Inspiration"	10:30am to 11:00am "Daily Inspiration"			
11:30am to 12:30pm Nutritional Workshop" w/ Jamel	11:30am to 12:30pm "Cooking Demo" w/ Jamel	11am-12pm Music Therapy w/ Amayah			