

PEER ALLIANCE RECOVERY CENTER (PARC) BRONX

January 2026 Calendar of Activities

BRONX – 510 Courtlandt Ave, 2nd Floor / Bronx NY 10451 (929)-244-1500 / parcbronx@samaritanvillage.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Computer Lab is Open Daily 10:00am to 5:00pm Monday thru Friday For more Information on TRAININGS Contact us at parctrainings@samaritanvillage.org					
29 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Nutrition Workshop"</i> w/ Jamel	30 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Cooking Demo"</i> w/ Jamel	31 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:00am to 12:00pm <i>"Music Therapy"</i> w/ Amayah 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336	1 PARC CLOSED 	2 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Chess Club"</i> w/ Chuck 2:30pm to 4:00pm <i>NA Meeting</i>	3 PARC CLOSED
5 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Nutrition Workshop"</i> w/ Jamel 2:30pm to 3:30pm <i>"Game Day"</i> w/ Interns	6 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Cooking Demo"</i> w/ Jamel 1:00pm to 2:00pm PARC Vision Team Meeting	7 10:30am to 11:30am <i>"Daily Inspiration"</i> 2:00pm to 3:00pm <i>"Women's Workshop"</i> w/ Parc Women 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336	8 10:30am to 11:00am <i>"Daily Inspiration"</i> 1:30pm to 2:30pm <i>"Pathways to Progress Skill Building Workshop"</i> w/ Anthony & Lisette 3:00pm to 5:00pm <i>"Recovery Club"</i> <i>Fun Games & Socialization</i>	9 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:00am to 12:00pm <i>"Karaoke"</i> w/ Myra 2:30pm to 4:00pm <i>NA Meeting</i>	10 10:00am to 1:30pm <i>"Movie Matinee"</i> "FIGHTING TEMPTATIONS" w/ Myra & Wilbert 10:30am to 12:00pm <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336
12 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Nutrition Workshop"</i> w/ Jamel 1:00pm to 2:00pm <i>"Human Trafficking Awareness and Safety Workshop"</i>	13 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Cooking Demo"</i> w/ Jamel 1:00pm to 2:00pm <i>"Etiquette in Recovery"</i>	14 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:00pm <i>"Stretch To Restore"</i> w/ Myra 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336	15 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:00am to 12:00pm <i>"Arts & Crafts"</i> w/ Veronica 3:00pm to 5:00pm <i>"Recovery Club"</i> <i>Fun Games & Socialization</i>	16 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:00am to 12:00pm <i>"Music Therapy"</i> w/ Amayah 2:30pm to 4:00pm <i>NA Meeting</i>	17 PARC CLOSED
19 PARC CLOSED 	20 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Cooking Demo"</i> w/ Jamel 2:00pm to 3:00pm <i>"Growth Mindset"</i> w/ Scott	21 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:00am to 12:00pm <i>"Financial Literacy"</i> w/ Chuck 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336	22 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:00am to 12:00pm <i>"Arts & Crafts"</i> w/ Veronica 1:30pm to 2:30pm <i>"Pathways to Progress Skill Building Workshop"</i> w/ Anthony & Lisette	23 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:00am to 12:00pm <i>"Recovery Club"</i> <i>XBOX Gaming & Social Skills</i> w/ Wilbert 2:30pm to 4:00pm <i>NA Meeting</i>	24 PARC CLOSED
26 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Nutritional Workshop"</i> w/ Jamel	27 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Cooking Demo"</i> w/ Jamel	28 10:30am to 11:00am <i>"Daily Inspiration"</i> 11:00am to 12:00pm <i>"Music Therapy"</i> w/ Amayah	29 10:30am to 11:00am <i>"Daily Inspiration"</i> 1:00pm to 2:00pm <i>"Self-Talk"</i>	30 10:30am to 11:00am <i>"Daily Inspiration"</i> 2:30pm to 4:00pm <i>NA Meeting</i>	31 10:00am to 1:30pm Qigong Optimize Your Health (Mind, Body & Spirit)