

PEER ALLIANCE RECOVERY CENTER (PARC) BRONX

January 2026 Calendar of Activities

BRONX – 510 Courtlandt Ave, 2nd Floor / Bronx NY 10451 (929)-244-1500 / parcbronx@samaritanvillage.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Computer Lab is Open Daily 10:00am to 5:00pm Monday thru Friday</p> <p>For more Information on TRAININGS Contact us at parctrainings@samaritanvillage.org</p>					
29 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Nutrition Workshop" w/ Jamel	30 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Cooking Demo" w/ Jamel	31 10:30am to 11:00am "Daily Inspiration" 11:00am to 12:00pm "Music Therapy" w/ Amayah 7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336	1 PARC CLOSED 	2 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Chess Club" w/ Chuck 2:30pm to 4:00pm NA Meeting	3 PARC CLOSED
5 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Nutrition Workshop" w/ Jamel 2:30pm to 3:30pm "Game Day" w/ Interns	6 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Cooking Demo" w/ Jamel 1:00pm to 2:00pm PARC Vision Team Meeting	7 10:30am to 11:30am "Daily Inspiration" 2:00pm to 3:00pm "Women's Workshop" w/ Parc Women 7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336	8 10:30am to 11:00am "Daily Inspiration" 1:30pm to 2:30pm "Pathways to Progress Skill Building Workshop" w/ Anthony & Lisette 3:00pm to 5:00pm "Recovery Club" Fun Games & Socialization	9 10:30am to 11:00am "Daily Inspiration" 11:00am to 12:00pm "Karaoke" w/ Myra 2:30pm to 4:00pm NA Meeting	10 10:00am to 1:30pm "Movie Matinee" "FIGHTING TEMPTATIONS" w/ Myra & Wilbert 10:30am to 12:00pm Staying Connected Mtg. Zoom ID: 567 484 6336
12 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Nutrition Workshop" w/ Jamel 1:00pm to 2:00pm "Human Trafficking Awareness and Safety Workshop"	13 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Cooking Demo" w/ Jamel 1:00pm to 2:00pm "Etiquette in Recovery"	14 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:00pm "Stretch To Restore" w/ Myra 7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336	15 10:30am to 11:00am "Daily Inspiration" 11:00am to 12:00pm "Arts & Crafts" w/ Veronica 3:00pm to 5:00pm "Recovery Club" Fun Games & Socialization	16 10:30am to 11:00am "Daily Inspiration" 11:00am to 12:00pm "Music Therapy" w/ Amayah 2:30pm to 4:00pm NA Meeting	17 PARC CLOSED
19 PARC CLOSED 	20 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Cooking Demo" w/ Jamel 2:00pm to 3:00pm "Growth Mindset" w/ Scott	21 10:30am to 11:00am "Daily Inspiration" 11:00am to 12:00pm "Financial Literacy" w/ Chuck 7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336	22 10:30am to 11:00am "Daily Inspiration" 11:00am to 12:00pm "Arts & Crafts" w/ Veronica 1:30pm to 2:30pm "Pathways to Progress Skill Building Workshop" w/ Anthony & Lisette	23 10:30am to 11:00am "Daily Inspiration" 11:00am to 12:00pm "Recovery Club" XBOX Gaming & Social Skills w/ Wilbert 2:30pm to 4:00pm NA Meeting	24 PARC CLOSED
26 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Nutritional Workshop" w/ Jamel	27 10:30am to 11:00am "Daily Inspiration" 11:30am to 12:30pm "Cooking Demo" w/ Jamel	28 10:30am to 11:00am "Daily Inspiration" 11:00am to 12:00pm "Music Therapy" w/ Amayah	29 10:30am to 11:00am "Daily Inspiration" 1:00pm to 2:00pm "Self-Talk"	30 10:30am to 11:00am "Daily Inspiration" 2:30pm to 4:00pm NA Meeting	31 10:00am to 1:30pm Qigong Optimize Your Health (Mind, Body & Spirit)