



Samaritan Daytop Village

WHERE GOOD LIVES®

**OUTPATIENT TREATMENT
PROGRAMS**



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Outpatient Treatment for Recovery and Wellness

Samaritan Daytop Village's Outpatient Treatment Programs integrate treatment for substance use and mental health disorders into patients' daily lives. Our Outpatient Treatment Programs help patients stay on the path to recovery from addiction, restore mental health balance and benefit from personal growth and wellness.

Holistic in its approach, outpatient treatment is responsive to the patient's evolving strengths and needs. Our programs support individualized levels of care and offer additional services to meet person-centered treatment goals. We bring patients a range of intensive and non-intensive treatment, health, mental health, family and wellness services.

Through behavioral therapeutic intervention, we assist patients as they lay the groundwork for recovery and wellness. Our evidence-based practices fully engage individuals in the treatment process as they work toward a balanced life with healthy, supportive relationships.

Certified Community Behavioral Health Clinics (CCBHC)

Five outpatient treatment program sites in the Bronx, Staten Island and on Long Island offer comprehensive services, including 24/7 crisis services and risk screening, for substance use and mental health disorders to people of all ages regardless of their ability to pay, where they live, or their diagnosis.

Comprehensive Integrated Opioid Treatment Program (CIOTP)

Comprehensive Integrated Opioid Treatment Programs (CIOTPs) offer integrated care for individuals with opioid use disorder, cooccurring mental health conditions, and other substance use disorders. CIOTPs combine FDA-approved medications for addiction treatment with mental health services, individual and group counseling, psychiatric care, and care coordination.

Admission to Outpatient Treatment

To be evaluated for outpatient treatment, call a location near you to make an appointment for an initial assessment. We accept Medicaid and most major medical insurance.

ACT on Mental Health Needs

Through funding by the New York State Office of Mental Health, a mobile team brings outpatient treatment to homeless shelter residents who have been diagnosed with serious mental health issues. We administer ACT (Assertive Community Treatment) at several homeless shelters in Brooklyn, including our Myrtle Avenue Men's Health Shelter and sites operated by CAMBA and BCS/HELP USA.

Services for Individuals and Families

One of the greatest advantages of outpatient treatment is its flexibility. Patients can attend sessions while maintaining their school or work schedules and continue to live in their homes.

We serve adults, adolescents, children and families. Our integrated outpatient services include:

- Levels of care in outpatient

- Psychiatric day rehabilitation
- Outpatient day rehabilitation
- Intensive outpatient
- Medically supervised outpatient withdrawal
- DWI/impaired driving program

- Types of Interventions

- Individual and group therapy
- Medication for addiction treatment
- Psychotherapy
- Cognitive behavioral therapy
- Dialectical behavior therapy
- Family functional therapy
- Solution-focused therapy
- Medical evaluations
- Psychiatric evaluation
- Psychological evaluation
- Relapse prevention
- Stress management/coping skills

- Evidence-based groups (co-ed or gender-based)

- Anger management
- Co-occurring disorders
- Seeking Safety
- Thinking for a Change
- Sexual awareness

- Family services

- Domestic violence services
- Family Association membership
- Family counseling
- Parenting counseling
- On-site childcare, at certain locations

- Other

- Creative art therapy
- Marriage and family therapy
- Psychopharmacology
- Spirituality groups
- Telehealth service
- Vocational and educational groups
- 24-hour (after hours) call service



