

PEER ALLIANCE RECOVERY CENTER (PARC) BRONX

APRIL 2026 Calendar of Activities

PARC BRONX – 510 Courtlandt Ave, 2nd Floor / Bronx NY 10451 (929)-244-1500 / parcbronx@samaritanvillage.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Computer Lab is Open Daily 10:00am to 5:00pm Monday thru Friday For more Information on TRAININGS, contact us at parctrainings@samaritanvillage.org					
30	31	1	2	3	4
10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Nutrition Workshop"</i> w/ Anthony	10:30am to 11:00am <i>"Daily Inspiration"</i> 11:00am to 12:00pm <i>"Yoga Breathing for Anxiety"</i> w/ Veronica	10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am: to 12:30pm <i>Exploring Social Anxiety</i> w/ Chuck 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336	10:30am to 11:00am <i>"Daily Inspiration"</i> 3:00pm to 5:00pm <i>"Recovery Club"</i> Fun Games & Socialization	10:30am to 11:00am <i>"Daily Inspiration"</i> 11:00am to 12:00pm <i>"Recovery Club"</i> XBOX Gaming & Social Skills w/ Wilbert 12:00pm-1:30pm Virtual NARCAN Training Zoom ID: 886 2193 4406 2:30pm to 4:00pm NA Meeting	PARC CLOSED
6	7	8	9	10	11
10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Nutrition Workshop"</i> w/ Anthony	10:30am to 11:00am <i>"Daily Inspiration"</i> 11:00am to 12:00pm <i>"Arts & Crafts"</i> w/ Veronica 1:00pm to 2:00pm PARC Vision Team Meeting	10:30am to 11:30am <i>"Daily Inspiration"</i> 1:30pm to 2:30pm <i>"Pathways to Progress Skill Building Workshop"</i> w/ Anthony 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336	10:30am to 11:00am <i>"Daily Inspiration"</i> 3:00pm to 5:00pm <i>"Recovery Club"</i> Fun Games & Socialization	10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am-12:30pm <i>"Chess Club"</i> w/ Chuck 2:30pm to 4:00pm NA Meeting	10:00am to 1:30pm Movie Matinee "BEN IS BACK" w/ Chuck & Calvin SDV ALUMNI SPRING FLING RSVP Only
13	14	15	16	17	18
10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Nutrition Workshop"</i> w/ Anthony	10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Nutrition Education"</i> w/ Anthony	10:30am to 11:00am <i>"Daily Inspiration"</i> 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336	10:30am to 11:00am <i>"Daily Inspiration"</i> 3:00pm to 5:00pm <i>"Recovery Club"</i> Fun Games & Socialization	10:30am to 11:00am <i>"Daily Inspiration"</i> 11:00am-12:00pm <i>"Journaling"</i> w/ Veronica 12:00pm-1:30pm Virtual NARCAN Training Zoom ID: 886 2193 4406 2:30pm to 4:00pm NA Meeting	PARC CLOSED
20	21	22	23	24	25
10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Nutrition Workshop"</i> w/ Anthony	10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Nutrition Education"</i> w/ Anthony	10:30am to 11:00am <i>"Daily Inspiration"</i> 1:30pm to 2:30pm <i>"Pathways to Progress Skill Building Workshop"</i> w/ Anthony 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336	10:30am to 11:00am <i>"Daily Inspiration"</i> 3:00pm to 5:00pm <i>"Recovery Club"</i> Fun Games & Socialization	10:30am to 11:00am <i>"Daily Inspiration"</i> 1:00pm to 2:00pm <i>"Self-Talk"</i> w/ Wilbert 2:30pm to 4:00pm NA Meeting	10:00am-11:30am Qigong Optimize Your Health (Mind, Body & Spirit)
27	28	29	30		
10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Nutrition Workshop"</i> w/ Anthony 1:30pm-2:30pm Problem Gambling Workshop w/ Venus Moore	10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Nutrition Education"</i> w/ Anthony	10:30am to 11:00am <i>"Daily Inspiration"</i> 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> Zoom ID: 567 484 6336	10:30am to 11:00am <i>"Daily Inspiration"</i> 3:00pm to 5:00pm <i>"Recovery Club"</i> Fun Games & Socialization		