



Samaritan Daytop Village

WHERE GOOD LIVES®

**WOODSIDE OLDER ADULT
CENTER**



WOODSIDE OLDER ADULT CENTER

Woodside Older Adult Center is a vibrant gathering place and a beacon of information and activity in Queens.

Located on the grounds of the New York City Housing Authority's Woodside Houses, the center provides a wide range of services to a diverse group of more than 500 residents from the Woodside, Astoria, and Long Island City neighborhoods in Queens.

Individuals aged 60 and older embrace an active, healthy lifestyle at Woodside Older Adult Center.

In operation at its current location since 2003, the center features multiple recreation rooms and classrooms, and a bustling dining area popular among our membership.

Samaritan Daytop Village operates the 7,000-square-foot accessible facility under a contract with the New York City Department for the Aging.

The Center is open Monday – Friday from 7:45 a.m. – 3:45 p.m., and is closed on Federal holidays.

Activities Catered to Members' Enjoyment

Every day there is something to do or learn at Woodside. Members have the freedom to use the lounge and recreation areas without restrictions, connect with friends, and engage in more than 30 free activities a week.

Our activities vary from fitness, art and computer classes to senior-focused lectures and organized trips.

Activities, including classes, feature a rolling registration so members can join at any time to take advantage of what we have to offer.

Members can choose from:

- **Recreation** – Arts and crafts (crochet, needlepoint and painting); leisure games (bingo, ping pong, etc.); Movie Club; birthday and holiday celebrations; field trips
- **Fitness** – Walking Club; yoga, dance and exercise classes
- **Education** – Computer labs; English as a Second Language classes
- **Healthcare** – Semi-monthly blood pressure checks; weekly healthcare-focused lecture series

Nutritious, Low-Cost Meals

Woodside offers nutritious meals from Monday – Friday. Breakfast is served from 8:30 a.m. – 9:30 a.m., and lunch is served from 12:00 p.m. – 1:00 p.m. Members can make a contribution of \$1.50 for breakfast and \$2 for lunch. Meals are certified by the NYC Department for the Aging.

Meet with Our Case Coordinators

As a member of the Woodside Older Adult Center community, you can receive personal assistance from our helpful staff members. Older adults and their family members can speak

with our Case Coordinators to receive information and advice on obtaining Social Security Insurance, Medicare, or other entitlements; geriatric mental health services; emergency assistance; or other services that address seniors' needs. For an appointment, call 718-932-6916.

Eligibility:

To become a member of the Woodside Older Adult Center, you must:

- Be 60 years of age or older (waived for individuals with disabilities)
- Live in one of the five boroughs of New York City
- Show New York State identification



WHERE GOOD LIVES®

Every day good wakes up and rolls up its sleeves at Samaritan Daytop Village.

Since 1960, Samaritan Daytop Village has been improving the quality of life for New Yorkers. We are nationally recognized for our treatment of substance use disorder as well as for the veteran-specific approach we pioneered. Our continuum of services also includes primary health

and mental health care, transitional and supportive housing, educational and vocational assistance, peer-assisted recovery, and specialized programs for adolescents, families and older adults.

Annually, Samaritan Daytop Village serves over 36,000 people at more than 80 programs throughout New York City, Long Island and the lower Hudson Valley, and we continue to grow.



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Woodside Older Adult Center
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Woodside, NY 11377
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Fax: 718-932-6911
woodsides@samaritanvillage.org
www.samaritanvillage.org



DIRECTIONS

By SUBWAY

Take the M or the R train to 46th Street/Broadway station or the Northern Blvd.

By BUS

Take the Q66 Flushing "LIC-bound," Q18 Maspeth line and Q104 from 48th Street

By CAR

Street parking is limited; metered parking is available along Northern Blvd.

From Queens and Brooklyn (and to avoid city traffic)

Take the BQE and exit at Northern Blvd.

From midtown Manhattan

Take the Ed Koch Bridge (Queens borough Bridge) at 59th Street and follow signs to Northern Blvd. until Broadway/50th Street